

Discover the POWER of a Girl With Sole!

July 15 - 19, 2019 and July 22 - 26, 2019
9:00 am - 2:00 pm

Camp POWER explores the Girls With Sole POWER principals of perseverance, optimism, wisdom, energy, and resilience. Each day we'll dive deeply into exploring who we are and how we show up in the world. By exploring new fitness activities, the girls learn skills and tools for emotional well-being and build a foundation for health and wellness that they can take into their lives.

Camp POWER is a fun and nurturing environment that will support your daughter's belief in herself as she explores new skills for conflict resolution, self-esteem building, and leadership skills. Each day focuses on fun, fitness and meaningful activities that will help your daughter thrive.

Camp POWER is specifically designed for girls age 10 to 12

Apply for Camp POWER today!

For more information or to apply, contact Liz Ferro:
liz@girlswithsole.org

Camp POWER is free; limited to 10 girls per week; with a different group of girls in week one and week two.
Applications must be completed by May 1st, 2019!

